

General Heart Failure Home Health Orders

Home Health Hub: 1-844-319-2207

MD following patient's home care: _____

Admit to Home Health

Diagnosis: @PROB@

Patient is homebound due to: *** (auto-select: use hos fields)

Allergies: *** (auto-select)

Diet: *** (3000 mg sodium, drop-down with 2-3 choices for fluid restriction: 1200, 1500, 2000 mL)
Instruct on diet as prescribed

Activities as tolerated: SN to instruct patient on importance of home exercise program. Utilize tool for education.

Nursing:

- Evaluate fall risk and need for Physical Therapy by performing "time up and go" (TUG) and "30 second chair rise".
 - If the patient scores "at risk" on any one of the two tests performed then SN to order PT evaluate and treat.
 - If PT consulted based on "at risk" score, then PT to evaluate need for OT in the home on evaluation visit.

SN to complete comprehensive assessment within 24 hours of discharge from hospital or referral from ambulatory clinic:

Perform and record the following vital signs:

- BP
- Respiratory Rate
- Pulse
- O2 Sat
 - If room air O2 sat below 88%, notify physician so they can order an O2 qualifying test.

Weight (deliver scale to patient on admit if patient does not have properly functioning scale)

- Skilled Nurse to record Target Weight = AM weight immediately after discharge unless otherwise specified
- Standing Daily Weight:
 - Instruct patient to take daily AM weights (record on log provided)
- Protocol for how to weigh patient:
 - Nurse to hold all equipment
 - Shoes off
 - Early morning with enforcement to patient on timing and method

DIURETIC SLIDING SCALE

If diuretic sliding scale activity, skilled nurse visits daily to instruct and monitor medication adherence until target weight. Then resume prior order frequency.

If weight gain exceeds 5 lbs over target weight, call MD

Skilled nurse to assess all home equipment such as oxygen, nebulizers, hospital beds etc to determine if the equipment is functioning properly and patient/caregiver understanding how to use properly.

- If equipment is not functioning properly please contact supplier/manufacturer to resolve.

On admission visit, skilled nurse to instruct patient on signs and symptoms of HF by educating patient and/or caregiver on Heart Failure Zone Stoplight tool. SN to instruct patient caregiver on who to contact if symptoms develop. SN to leave behind tool with contact numbers as developed by Ochsner.

Skilled nurse to verify patient follow-up appointments have been scheduled and patient/caregiver understands the importance of making all appointments. Determine if any transportation related issues exist. SW consult if needed to assist with coordination of transportation to and from MD offices.

SN to reinforce education as instructed on admit visit and continue education on the below items on subsequent visits:

- Instruct on the definition of CHF.
 - (See definition in Ochsner educational packet)
- Instruct on the signs/symptoms of CHF to be reported.
- Instruct on factors that cause exacerbation.
- Instruct on action, dose, schedule, and side effects of medications.
- Risk factors for HF
- Smoking cessation if patient is a smoker
- Triggers of SOB
- Coping mechanisms
- Importance of diet/fluid restrictions, understanding food labels
- Fall prevention and home safety
- Plan on self management after HH discharge

CONSULTS:

{HH CONSULTS:22491}

MISCELLANEOUS CARE: (Epic to remove .hoschhomehealthpart)

{HH MISC:22493}

WOUND CARE ORDERS

{HH WOUND CARE ORDERS:22507}

Medications: Review discharge medications with patient and family and provide education.

Current Discharge Medication List

START taking these medications

	Details
loperamide (IMODIUM) 2 mg capsule	Take 1 capsule (2 mg total) by mouth 4 (four) times daily as needed for Diarrhea. <i>Refills: 0</i>
metoclopramide HCl (REGLAN) 5 MG tablet	Take 1 tablet (5 mg total) by mouth every 6 (six) hours as needed.
ondansetron (ZOFRAN-ODT) 8 MG TbDL	Take 1 tablet (8 mg total) by mouth every 8 (eight) hours as needed.

CONTINUE these medications which have CHANGED



Details	
bumetanide (BUMEX) 2 MG tablet	Take 2 tablets (4 mg total) by mouth 2 (two) times daily. If wt gain 2-3 lbs x 2-5 days, take 3x/day, if no improvement call MD Qty: 120 tablet, Refills: 0
CONTINUE these medications which have NOT CHANGED	
Details	
acetaminophen (TYLENOL) 325 MG tablet	Take 2 tablets (650 mg total) by mouth every 6 (six) hours as needed. Refills: 0
aspirin (ECOTRIN) 81 MG EC tablet	Take 81 mg by mouth once daily.
clopidogrel (PLAVIX) 75 mg tablet	Take 75 mg by mouth once daily.
nortriptyline (PAMELOR) 10 MG capsule	Take 10 mg by mouth every evening.
senna-docusate 8.6-50 mg (PERICOLACE) 8.6-50 mg per tablet	Take 1 tablet by mouth daily as needed for Constipation.
STOP taking these medications	
ascorbic acid, vitamin C, (VITAMIN C) 500 MG tablet	<i>Comments: Reason for Stopping:</i>
atorvastatin (LIPITOR) 40 MG tablet	<i>Comments: Reason for Stopping:</i>
cyanocobalamin (VITAMIN B-12) 1000 MCG tablet	<i>Comments: Reason for Stopping:</i>
ergocalciferol (VITAMIN D2) 50,000 unit Cap	<i>Comments: Reason for Stopping:</i>
metoprolol succinate (TOPROL-XL) 25 MG 24 hr tablet	<i>Comments: Reason for Stopping:</i>
multivitamin capsule	<i>Comments: Reason for Stopping:</i>

I certify that this patient is confined to her home and needs intermittent skilled nursing care, physical therapy, speech therapy and occupational therapy.

(signature of MD)

(date)