



# Home health indicators

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Home healthcare encompasses a wide range of services for patients recovering from an acute illness, an injury, a significant change in an existing or chronic condition, or anything in between. Services are provided in the home by nurses, therapists, home health aides, and social workers – and are tailored to meet specific health-care requirements.

## To help identify a potential need for home health, ask your patient to answer the following questions:

- Are you 65 years or older, disabled for two or more years, or have kidney disease?
- Are you taking new or different medications?
- Are you having problems with activities of daily living such as toileting, bathing, walking, or dressing?
- Are you experiencing a significant change in treatment of your medical condition or a new condition?
- Have you had a new diagnosis or an exacerbation of an existing one?
- Are you unsteady on your feet or have a general weakness or loss of balance?
- Do you have fatigue, loss of agility, or dizziness?
- Do you have anxiety, confusion, or depression?
- Do you have a fear of falling or have you experienced a recent fall?
- Are you having pain, discomfort, or stiffness in your feet, legs, or back?
- Do you have swelling in your feet or ankles?
- Would you like more information or education about your medical condition or disease process (congestive heart failure, hypertension, diabetes, etc.)?
- Do you have open sores or wounds on your body?
- Are you having considerable difficulty leaving home to get healthcare services?
- Do you require frequent medical follow-up, contact with the physician's office, or re-hospitalization?
- Do you need physical therapy, occupational therapy, speech therapy, or medical social services?

**If the answer is “yes” to any of the above indicators and the patient is homebound, your patient may qualify for a home health evaluation.**

**Call your local provider today for more information.**