

# What are the benefits of home health?

You want your healthcare provider to be focused on one thing: Helping you and your family recover as quickly and efficiently as possible – or helping manage a chronic condition to achieve and maintain the best possible quality of life.

We work with you and your physician to implement a care strategy that will improve your health outcome in the comfort of your own home. We can be your first call for help.

Our skilled clinicians recognize and address potential problems before they get out of control – providing you and your family with a higher level of confidence and peace of mind.

Our goal is to help you maintain your independence and reduce unnecessary calls or visits to the doctor or trips to the ER. Our home health professionals help keep you out of the hospital and recovering in the comfort of home.

You can rest easy knowing that we will be with you to help manage your recovery or disease process. We can help take the weight of worry off of your shoulders – we're on your team.

Home health provides assistance with many aspects of recovery and condition management:

- Teaching and training in the home
- Help managing medications
- Understanding diseases and/or conditions
- Making healthy food choices
- Monitoring treatment progress
- Minimizing the risk of falls, infections, and other setbacks

**Contact your local provider today for more information.**

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