

# What are the benefits of hospice care?

With the help of hospice, you and your family can focus on what's most important – being together and living as fully as possible.

Hospice is a philosophy regarding end-of-life care that focuses on improving quality of life by controlling pain and managing symptoms when a cure is no longer possible. The plan of care includes methods for treating a patient's mind, body, and spirit.

At the end of life, most people want to stay at home, surrounded by family and friends and with symptoms and pain under control. By focusing on the individual, not just the illness, hospice care honors life's final journey, leaving a legacy of compassion and caring.

And hospice encompasses more than just pain management and providing physical comfort. Hospice also offers emotional and spiritual support to you and your family by providing grief and bereavement services. It helps patients and their loved ones come to terms with and understand what is happening as a person is dying.

If you or a loved one has received a terminal diagnosis, hospice and palliative care at home can help. Hospice and palliative care professionals and volunteers understand that every person they care for is a unique individual with a lifetime of experiences, relationships, and gifts to share.

## Benefits of hospice and palliative care

- Expert medical care
- Pain and symptom management
- Patient and caregiver education
- Emotional and spiritual support
- Counseling and bereavement support
- 24-hour access to hospice team
- Covered by Medicare and most private insurance plans

**Contact your local provider today for more information.**

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